



*Saturday, October 2nd—11 & 11:30am*

***Outdoors at the Dojo (Make-up Oct. 5th & 6th—5:45pm)***

## WHAT TO DO:

**(If you can't make these times see below\*\*)**

1. **GET SPONSORS** – Ask your parents, grandparents, relatives, neighbors, friends, everyone you know to pledge an amount per kick, punch, etc., *or for a flat donation of any amount.*

Please tell your sponsors that all donations are tax-deductible! Also check with parents/guardian for safe COVID collection practices.



- 2. Come to the Dojo at 11am or 11:30am (or make-up)**

**October 2nd. (Bring a mask to wear between events.)**

You can do the three sessions in your own home—have a counter!

**You will be in 3 events lasting 3 minutes each:**

- 1) Stomp Kicks from Shizen (natural stance—feet in line)
- 2) Shadow Boxing—Jab, Cross, Hook, Hook, Uppercut, Uppercut, SWITCH STANCE—counts as one (1)—for total punches x 6
- 3) Step-back and Block from Shizen (natural stance)—switch sides.

***PARENTS:*** We need you to count as the students do their events!

**Please plan to stay at the Dojo and help us out! Note totals on sticker.**



- ### **3. TOTAL YOUR PLEDGES AND COLLECT THE MONEY**

Have your parents help you figure out how much people owe and collect your **donations**. (Collect on Website from anywhere.)

4. **TURN IN YOUR MONEY AND PRIZE FORM** - Turn in all donations by **November 6th**—along with your prize order form!

**\*\* If you can't join us  
at the Dojo--Do your  
Marathon on your own!  
3-3 minute sessions.  
Let us know the results  
by Sat. October 9th.**

- ## 5) COLLECT YOUR PRIZE(S)

**At The Dojo any Saturday 9am-2pm  
or Tuesday/Wednesdays 3pm-7pm.**

\$100 plus party will be held when possible



## 2021 Marathon for Martial Arts

Student's

Name

[illegible]

**\*\*Please Note:** We are have set up an **online Donation** Option on our Website: <http://nm-ninjakids.org/> Check it!

Number of Kicks,

Etc. Completed \_\_\_\_\_

Total

Collected \$ \_\_\_\_\_

**Remember to train hard for the Marathon.  
We all need to get strong during the Pandemic!**