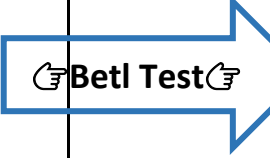



September-October 2022 Training Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
11	12	13	14	15	16	17
			5:00-5:45 Basics			10:00-10:45 Basics
			6:00-6:45 Green Belt			11:00-11:45 Green Belt
				6:30-8:00 Adult		12:00-12:45 High Rank
18	19	20	21	22	23	24
			5:00-5:45 Basics			10:00-10:45 Basics
			6:00-6:45 Green Belt			11:00-11:45 Green Belt
				6:30-8:00 Adult		12:00-12:45 High Rank
25	26	27	28	29	30	1
			5:00-5:45 Basics			10:00-10:45 Basics
			6:00-6:45 Green Belt			
				6:30-8:00 Adult		
2	3	4	5	6	7	8
			5:00-5:45 Basics			10:00-10:45 Basics
			6:00-6:45 Green Belt			11:00-11:45 Green Belt
				6:30-8:00 Adult		12:00-12:45 High Rank
9	10	11	12	13	14	15
			5:00-5:45 Basics			10:00-10:45 Basics
			6:00-6:45 Green Belt			11:00-11:45 Green Belt
				6:30-8:00 Adult		12:00-12:45 High Rank

Belt Test

★★★★★
MARATHON!
★ 11:00 ★

★ MARATHON
Make Up Day
5:45-6:00

September 17th (Sat)...Belt Test

October 1st (Sat)...MARATHON

October 5th (Wed)...MARATHON (make up day)

👉 Up Coming Events 👈

★ Bring water, Dress for weather

★ Parents/Guardians, Keep in touch for schedule and location changes

★ Questions--please call/text (505)350-6318