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## YOUNG NINJA

Martial Arts for Education



MESSENGER 少年

Fall/Aki 2022

**Belt Test--September 17th**  
**At Rio Vista Park** 

Martial Arts for Education moved from our former location because the owners sold the building. We are still looking for a suitable location for the Dojo. In the mean time we are going back to our ninja roots—training in nature. Rio Vista Park in River's Edge II has been great! Students have been learning new skills and patiently adapting to our new situation. We asked greenbelts to postpone their belt test until the December 5th test. Our September test was limited to whitebelts testing for their greenbelt. Since it was a small test we were able to have all our classes on Saturday. Ninjas never give up! Keep Going! *Ganbate!*



Easton had a great test! Here he is with *Jonas the Judge* and testing assistants and supporters.



Open Door



Hicho

Great Focus is one of the most important things to get ready to test!

**Marathon for Martial Arts October 1st--Rio Vista Park**  
**Make-up--October 5th (between Basics and Greenbelt Classes)**

Check out the Marathon Pages inside the Newsletter. Remember if you can make it on October 1st please come at 11am for our major event. But if you can't make it on Saturday October 1st, you can do the Marathon after Basics Class on Wednesday October 5th at 5:45pm.

If you can't make any of those times you can do the Marathon at home—just follow the instruction sheet!

**Join our Outdoor Martial Arts Classes!**  
**Great Training: Wednesdays and Saturdays.**Marathon Kicks  
in the Park

Bow In



Ninja Tobi



Shiriken Toss

Getting used to Rolling on  
the grass in the park.

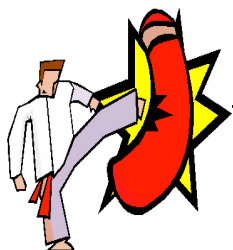
Jumonji

# Marathon for Martial Arts

## October 1st

### Outdoor at Rio Vista Park

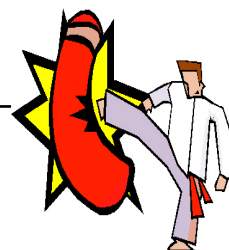
**Martial Arts for Education is continuing to train even after loosing our Dojo space. Many have joined our *Outdoor Rio Vista Park Classes* and you are welcome to join any time. We all had to adapt to the changing situation—part of *Ninja survival skills*. Over the last year we have had outdoor and indoor classes. Going forward we will have to continue to adapt to survive. In order to survive during these times of transition we need your support more than ever. Help us out if you can. Students will benefit by increasing their endurance and focus as well as martial arts skills. They will be able to win prizes as they help us raise funds. *Help us keep the Martial Arts alive and well.***



## Martial Arts Marathon

**Saturday October 1st—11 am**

**MAKE-UP WEDNESDAY (OCTOBER 5TH) 5:45PM**



### Get Strong Practicing for the Martial Arts Marathon!

**Its Marathon time—get ready to sweat!**

With the Fall comes cool weather but it will be hot on October 1st! Let's hope all students are up to the challenge—from new students to the highest ranks.

We will be doing lots of stomp kicks, blocks, boxing and other moves in class that will make you strong.

Every time you kick your muscles will get stronger. The next time it will be easier for you. If you do each one the best you can, you will improve quickly. Be

sure to watch the way the *Sensei* asks you to do the moves. It is better to do a few correctly and each time

do a few more. Greenbelts should really push themselves in class and even

practice on their own. If you take the Marathon seriously you'll be surprised at how much it helps in everything you do

in the martial arts. *GANBATE!*

*Be strong during these tough times!*



**☺ WANT TO TEST? ☺  
GET STRONG ON THE MARATHON!**

### Raise Money and Win Prizes!

After you participate in the Marathon, you collect the pledges from the people who have agreed to support you. When you turn in your money, you can choose a prize. The prizes will vary depending on the amount of money you

collect. Some of the prizes are *headbands, pins, t-shirts, indoor shoes, rubber or bean bag shuriken etc.* Other prizes are the wooden weapons such as the *tanto* (knife), *hanbo* (3 ft. stick), *kodachi* (short sword), *bokken* (sword). Also available are *punching and kicking pads*.

Don't loose the marathon flyer detailing all the prizes and the amount of money you need to turn in to win them.

*And one last note, the students who collect \$100 or more will be invited to a special party on Saturday, November 5th.*



**Parents and other family members we need your help! COUNTERS are needed as usual. 253,254,..**



## The Young Ninja Messenger

Text or Call Hisae at:

(505) 350-6318

<http://nm-ninjakids.org/>

Dates or location for Training  
may change—see **Website**.



Special Ninja Training at Rio Vista Park!



Remember our *Dojo* is anywhere we train—Join Outdoor classes and Marathon!

## Outdoor Martial Arts MARATHON!

Everyone is welcome to take the challenge of the *Martial Arts Marathon*—even if you haven't been able to attend classes lately. We will have a free *Game Day Class* at 10am with Shiriken Toss, Bowling for Ninjas and other fun activities. The Marathon will be after Basics at 11am. It should take about 20 minutes from start to finish. For more details about how to prepare for the three events, raise money, and win prizes—check out the marathon sheets in this newsletter.

### Online Donations from Anywhere!

Family and friends can now donate online through our website: <<http://nm-ninjakids.org/>> Scroll down the menu to **Donate to MAFED** where you can make Marathon donations or monthly fee donations from anywhere.

## October Birthdays

Michael

Dante

Joshua

Lovieanna

Happy Birthday!

Join our Outdoor Classes anytime!  
★ Marathon-October 1st & 5th. ★

## Amazon Smile



You can help help us out by selecting  
Martial Arts for Education

When you sign-up on Amazon Smile.

No cost to you and it help us out!



**REMEMBER:** EVEN WHEN YOU ARE NOT  
TRAINING IN CLASS—**STAY STRONG!**  
DEEP KAMAE, SAN SHIN, SHADOW BOXING,  
BIKING, HIKING, etc. **ENDURANCE/STRENGTH**

**Upcoming Events!**  
\$100 Plus Party--November 5th

Moonlight Training--November 6th

Belt Test--December 3rd



Martial Artist's Crazy Faces after one of our last classes at the Old Dojo. Ninjas never give up!