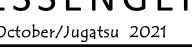


# YOUNG NINJA

Martial Arts for Education



October/Jugatsu 2021



**ireat Job Everyonel** 

**24.518 Punches Kicks Blocks!** 

After many weeks of conditioning our students did a remarkable job at the **Marathon for Martial arts. 25 students** joined on Saturday, Tuesday, or Wednesday. Keep that level of fitness going forward! For those who can—now it is time to collect donations and choose marathon prizes.

Show your sponsors how hard you worked to support the martial arts.

#### **Overall Scores**

- Fabian—1,676
- 2. Raymond—1,466
- 3. Lily—1,333
- 4. Orion—1,290
- 5. Charlie—1.242
- 6. Joshua—1,150
- 7. Owen—1,072
- 8. Liam—1,055
- 9. Vicente—1,034
- 10. Nia—1,027
- 11. Dallas—1,016
- 12. Baylee—1,010
- 13. Lovieanna—1,010
- 14. Alexandria—1,008
- 15. Alexa—989
- 16. Greyson—974
- 17. Gabby—960
- 18. Tohbi—852
- 19. Nathaniel—764
- 20. Jasper—741
- 21. Tristen—652
- 22. Valeria—642
- 23. Gavriel—609
- 24. Zaiden—561
- 25. Declan—385





### I missed the Marathon I

No need to panic. You have been training hard over the last month preparing for the Marathon and still can win prizes and help us raise funds for the Martial Arts.

- Collect donations from family and friends.
- Fill in the Prize Sheet and select your prize. (lost it—see the **Website**)
- Hand or send in your Marathon Information with the money and prize sheet by November 6th.
- You will get your prizes at the Dojo and can attend the Marathon Party on November 13th if you raise
- \$100 or more. Good Luck!
- This year as soon as the money/ prize sheet is in—you will get prizes!

REMEMBER: You worked hard to build your strength and endurance during the last weeks. Regular workouts are more important than ever. Eating healthy food, reducing stress, and sleeping well are key to fighting disease. Keep coming to Classes and train on your own between classes. Ninjas Never Give Up! Ganbate!

### **Skills for Ninjas:**

Wash Hands

Wear a Mask

Keep Distance











The Young Ninja Messenger

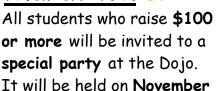
Martial Arts for Education 3391 Northern Blvd. NE Rio Rancho, NM 87124 (505) 892-2606 http://nm-ninjakids.org/



1st Prize: Deluxe hand -made hiking stick.
Strong and light-weight it is great for Bo work or to keep you safe when out and about.

Turn in your money and prize sheets by November 6th.

### Marathon !

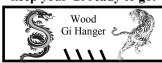


13th





**2nd Prize:**Have a Tiger and Dragon keep your Gi ready to go!



You are strong
from the Marathoni
Now is the time to
help us out and win prizesi
Even if you missed
the Marathon you have
trained hard and can
RAISE MONEY AND

WIN PRIZESI

Great News!

Now you can Donate
Online at our Website—

Marathon / other Donations &

Monthly Training Donations!

http://nm-ninjakids.org/
Thanks for your support!\*\*

#### **JUMP INTO TRAINING!**

Tuesday/Wednesday at 5 & 6pm Saturdays at 10, 11am & 12pm



### NOVEMBER BIRTHDAYS

Thank you for whything



Charlie Shayla Isabella Liam Julio Jasper Zaniah Gavin



#### Happy Birthday



White-belts and Green-belts do the San Shin. Five Kata: Chi, Sui, Ka, Fu, Ku.

8th Kyu Tester: Nathanial 7th Kyu Testers: Dallas, Loveianna, Lily, and Orion. Judges: Alexandria, Jonas, and Aaliyah. Helper: Joshua.



### Congratulations Testersl



**9th Kyu Testers:** Tristen, Zaiden, Jasper, Fabian, and Greyson with Helper and Judges.



## Getting Strong on the Marathon



Great Marathon—Thanks!
Raise Money & Win Prizes
Turn in \$ by November 6th
\$100 Plus Party November 13th

It was great to have our first in-person
Marathon in two years. It was perfect weather
with family doing the hard job of counting.
25 students did 24,518 punches, blocks, and
kicks in nine minutes! Super Stamina

Winter is coming and Outdoor Training will be a challenge.

Remember that Ninjas adapt to changing situations.

Always dress for the weather and get ready to Train!

### More Testing Pictures

